

Christian Fellowship of Healing

We are an ecumenical lay group of Christians, united in our belief in the power and practice of prayer. We are dedicated to a ministry of healing invoking God's loving power to help each one of us realise our potential for wholeness and be relieved of our suffering. In this we are assisted by our ordained Chaplain. We offer individual and group support and invite you to journey with us exploring how the living, healing power of God is alive for you.

Christian Listening Tutors can also offer 'taster' courses, with DVD support materials, for those who may be interested in learning to listen more effectively in daily life or to train further in more formal Christian Listening.

Alternatively, if you know at least 10 people interested in further developing these skills, it may be possible to bring a Christian Listening course to you, rather than for you to come to us.

Acorn Christian Healing Foundation was founded in 1983 as the Acorn Christian Healing Trust, by Bishop Morris Maddocks and his wife Anne. Acorn's vision is one of listening, healing and reconciliation. The present director is Revd. Russ Parker.

Books Written by Acorn Staff include

Listening, *Anne Long (DLT)*
A Heart to Listen, *Michael Mitton (DLT)*
Forgiveness is Healing, *Russ Parker (DLT)*

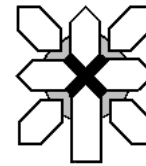
Also Video or DVD with course book entitled Just Listen!

Suitable for home groups to explore listening in our noisy world

For further information on Christian Listening:

- **Maureen Wilson – CL Regional Co-ordinator for Scotland,**
Tigh Chionnleach, Victoria Street, Nairn, IV2 4HH
01667 451865 – maureen@acornscotland.org.uk
www.acornscotland.org.uk
- **The Acorn Christian Healing Foundation, Whitehill Chase, High Street, Bordon, Hampshire, GU35 0AP (01420 478121)**
www.acornchristian.org (Charity 1080011)

- www.bieldatblackruthven.org.uk - offers listening, spiritual accompaniment and a variety of courses including some on listening
- For more information about the Christian Fellowship of Healing please visit: www.cfhsotland.org.uk



the christian
fellowship
of healing
(scotland)

14 Johnston Terrace
EDINBURGH
EH1 2PW
Tel: 0131 225 2401
Charity No.SCO 17129
www.cfhsotland.org.uk

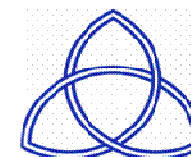
LEARNING TO LISTEN

Effective listening for everyday life

'It feels good being listened to
and to be at ease listening to others'

A four session course taking place on
September 24/25th & October 1/2nd 2010
Friday evening/Sat am

Application forms and enquires to:
Christian Fellowship of Healing
0131 225 2401



Acorn in Scotland
Listening for life, health & community

LEARNING TO LISTEN - open to all

ACORN CHRISTIAN LISTENERS at CFH

'Christian Listeners', based at The Christian Fellowship of Healing, is an Acorn Christian Healing Foundation resource offering listening, training and practice in listening attitudes and skills through a variety of courses, which are led by trained tutors. CFH has used this training for its own members for the past 20 years.

Learning to Listen is a four session course, each building on the one before. It is important therefore to attend every session.

It is open to anyone, though probably not appropriate for those recently bereaved or currently under extreme stress.

The sessions are practical and the group will be asked to explore some of their own concerns and experiences in twos or threes.

The course will look at a way of listening to ourselves, others & God:

Listening to Ourselves

- Learning to quieten ourselves before God
- Discovering influences in our early life
- Exploring our own thoughts

Listening to Others

- An awareness of good listening
- The skills of active listening
- An understanding of how such skills can be effective in everyday life at home, at work and at church

Listening to God

- Experiencing different ways of praying: with the Bible, through meditation, reflection and silence

*"Not until I took the Christian Listener course
did I really begin to appreciate the power of listening"*

A Consultant Gynaecologist

The course runs for 4 sessions:

Two Friday evenings 7 - 9.30pm &

Two Saturday mornings 9.30 - 12.30

Dates & Venue: September 24/25th & October 1/2nd 2010
at Augustine United Church, 41 George IV Bridge, Edinburgh EH1 1EL

Cost: £40

Participants are expected to attend all 4 sessions

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BOOKING FORM

PLEASE COMPLETE AND RETURN THIS TO CFH

Learning to Listen September/October 2010

I enclose a cheque / postal order for £40

Name

Address

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Tel. No E-mail

Please make cheques or postal orders payable to 'Christian Fellowship of Healing' and return this booking form, together with your cheque or postal order, to Christian Fellowship of Healing, 14 Johnson Terrace, Edinburgh EH1 2PW. We are unable to accept any credit or debit cards.